



STUDENT AFFAIRS  
**COOK COUNSELING CENTER**  
VIRGINIA TECH™

Julie Kaplan, Ph.D.  
Licensed Clinical Psychologist  
Embedded in the Northern Virginia Center (NVC)

**Welcome to Virginia Tech, the Northern Virginia Center!**

**WHERE WE ARE:** Cook Counseling Center's NVC Office: 7054 Haycock Rd., Falls Church, VA; Room 402 (Appointments), Room 495 (Waiting Room)

**WHAT WE OFFER:** Cook Connect evaluation session, Individual Counseling, Group Counseling, Workshops, Campus Outreach, Crisis Consultation, and Psychiatry

**WHO WE ARE:** Cook Counseling Center is a safe place for graduate students to discuss their personal concerns, when they feel stuck and are experiencing a high degree of distress.

We are here for you to talk whenever life or school gets to be overwhelming.

### **HOW TO SCHEDULE AN APPOINTMENT?**

**Scheduling an appointment is easy! Just reach out.**

**Call 703-538-3797 (main campus)**

**OR 540-231-6557(after hours line)**

**Email Julie Kaplan, Ph.D., at [jskaplan@vt.edu](mailto:jskaplan@vt.edu)**

**Hours: Monday – Thursday: 8:00 a.m. – 5:00 p.m.**

**Friday: 10:00 a.m. – 5:00 p.m.**